



Badocks Wood E- ACT Academy

Child-Friendly

Anti-Bullying Policy

Bullying happens.....

Several

Times

On

Purpose

What to do.....

Start

Telling

Other

People

Together we can **STOP** it!

What is bullying?

In our School, bullying is hurting someone more than once, on purpose, by using behaviour or words which are meant to hurt or frighten that person.

Bullying can be.....

Emotional: Hurting people's feelings, being unkind.



Physical: Punching, kicking, hitting or pushing.



Verbal: Name calling or teasing.



Cyber: Saying unkind things by email, text or over the internet.



If you are bullied

DO

Ask them to **STOP** if you can.

Use eye contact and tell them to go away.

Ignore them.

Walk away.

Get help.

TELL SOMEONE.



DON'T

Do what they say.

Get angry or look upset.

Hit them.

Think it's your fault.

Hide it

What should do I see someone else being bullied?

Don't walk away and ignore the bullying.

Ask the person to stop if it's safe to do so.

Don't keep silent or the bullying could continue.

Who can I tell?

A Friend

Any adult in School

A Family Member

Your Trusted Adult

Use the Mental Health Support Box



We are a School Community at Badocks Wood E-ACT Academy. We believe that everyone has the right to feel happy and safe at School.

Everyone is a valued member of our School.

